



26 Abstract

27 Sexual antagonism occurs when there is a positive intersexual genetic correlation in  
28 trait expression but opposite fitness effects of the trait(s) in males and females. As  
29 such, it constrains the evolution of sexual dimorphism and may therefore have  
30 implications for adaptive evolution. There is currently considerable evidence for the  
31 existence of sexually antagonistic genetic variation in laboratory and natural  
32 populations, but how sexual antagonism interacts with other evolutionary phenomena  
33 is still poorly understood in many cases. Here we explore how self-fertilization and  
34 inbreeding affect the maintenance of polymorphism for sexually antagonistic loci. We  
35 expected *a priori* that selfing should reduce the region of polymorphism, since  
36 inbreeding reduces the frequency of heterozygotes and speeds fixation. This  
37 expectation was supported, but although previous results suggest that the more an  
38 allele that is deleterious to one sex is dominant in that sex, the smaller the region of  
39 parameter space that will admit polymorphism, we found that this effect is weakened  
40 by self-fertilisation. However, the effect of inbreeding is not strong enough to  
41 completely cancel out the effect of dominance: for a given frequency of inbreeding, it  
42 will still be the case that the more dominant the alleles are in their deleterious context,  
43 the smaller the region of parameter space in which they can exist at polymorphism.

44

45 Introduction

46 Sexual antagonism occurs when there is a positive intersexual genetic correlation in  
47 trait expression but opposite fitness effects of the trait(s) in males and females  
48 (Bonduriansky & Chenoweth, 2009; it is also known as intralocus sexual conflict  
49 when the intersexual genetic correlation is for the same trait in both sexes). As such, it  
50 constrains the evolution of sexual dimorphism and may therefore have implications  
51 for adaptive evolution. It is also taxonomically ubiquitous and therefore of  
52 considerable potential importance in natural populations (Bonduriansky &  
53 Chenoweth, 2009; Cox & Calsbeek, 2009). Although in much of the literature sexual  
54 antagonism is discussed in terms of phenotypic traits, this phenomenon is most easily  
55 modeled as a genotype-by-sex effect on fitness, where a single allele has opposing  
56 effects on male and female fitness.

57         The role of partial selfing in influencing the dynamics of a sexually  
58 antagonistic locus has, however, rarely previously been considered (but see Jordan &  
59 Connallon, 2014). This is an important gap in our knowledge, given that a large  
60 number of plant and animal taxa are hermaphroditic and partially or completely  
61 selfing (Goodwillie *et al.*, 2005; Jarne & Auld, 2006). It has previously been assumed  
62 that, all else being equal, sexually antagonistic alleles in hermaphrodites should  
63 exhibit the same dynamics as autosomal sexually antagonistic loci in separate-sexed  
64 organisms (Arnqvist and Rowe, 2005; Morgan, 1994), since there is nothing in classic  
65 models of sexually antagonistic alleles that requires that the sexes be separate in the  
66 species being modelled (Kidwell *et al.*, 1977). This implies that selection must be  
67 strong and approximately equal in magnitude across the sexes in order for  
68 polymorphism to be maintained (Kidwell *et al.*, 1977). Selfing should reduce the  
69 region of polymorphism, since inbreeding reduces the frequency of heterozygotes and

70 speeds fixation, even when there is overdominance (or heterozygote advantage;  
71 Hayman, 1953; Hayman & Mather, 1953). One might therefore expect *a priori* that  
72 partially selfing hermaphrodites should exhibit lower levels of sexually antagonistic  
73 genetic variation compared to separate-sexed species or obligate outcrossers.  
74 However recent work by Fry (2009) demonstrates that dominance effects can have  
75 considerable influence on the region of parameter space permitting polymorphism.

76 Here, we extend the framework developed by Kidwell *et al.* (1977) and Fry  
77 (2009) to investigate how rate of selfing and dominance interact to affect the  
78 maintenance of polymorphism at a sexually antagonistic locus. Although Rice (1984)  
79 and Fry's (2009) results suggest that sex-specific dominance of fitness is an important  
80 factor in the maintenance of sexually antagonistic polymorphism, it is not  
81 immediately obvious how these effects will be modulated by inbreeding. We found  
82 that although inbreeding reduces the region of parameter space permitting  
83 polymorphism overall, it can offset some of the effects of sex-specific dominance  
84 demonstrated by Fry (2009).

85

## 86 Model

87 Our model is based on a classic framework for the investigation of sexually  
88 antagonistic alleles (Kidwell *et al.*, 1977). Our population is made up of a large  
89 number of diploid hermaphroditic individuals. We focus on a single locus, at which  
90 there are two alleles, denoted  $A$  and  $a$ . This means that every individual is one of three  
91 genotypes:  $AA$ ,  $Aa$ , or  $aa$ , each of which confers a different fitness. Two key  
92 simplifying assumptions of the model are that:

- 93 1) Genotype does not influence rate of selfing
- 94 2) Genotype does not influence offspring production in self-fertilisation events

95 Although these assumptions are unlikely to hold in all cases, we believe that they are  
96 reasonably biologically realistic. Selfing is usually considered to be a form of  
97 reproductive assurance (Goodwillie *et al.*, 2005), and as such might often be  
98 determined by ecological factors (such as probability of encountering a potential  
99 mate) rather than pure genetic propensity (assumption 1). In addition, reproductive  
100 assurance will be ineffective if selfed gametes are subject to the same selection  
101 pressures as outcrossed gametes (assumption 2). We do however consider alternative  
102 scenarios briefly in the Discussion (see below).

103 We model generations as being discrete and non-overlapping. Within each  
104 generation, the life cycle goes as follows. We first census the genotypes in the  
105 population, and denote the frequency of genotype  $AA$  by  $p$ , and the frequency of  
106 genotype  $aa$  by  $q$ . Then the frequency of heterozygote  $Aa$  types is  $1 - p - q$ .

107 After censusing, random mating occurs. A proportion  $F$  of matings are self-  
108 fertilisation, while the remaining  $(1 - F)$  matings are outbreeding events. For the self-  
109 fertilisation events there is no effect of genotype on offspring production. The  
110 genotypes of the offspring from self-fertilisation will depend on the parental  
111 genotype. Homozygous  $AA$  or  $aa$  individuals will produce their own genotypes for  
112 offspring, while heterozygous  $Aa$  individuals will have  $\frac{1}{4}$  of their offspring of  
113 genotype  $AA$ ,  $\frac{1}{2}$  genotype  $Aa$ , and  $\frac{1}{4}$  genotype  $aa$ . Thus the frequency of each  
114 genotype in the next generation due to offspring from inbreeding events is as follows.  
115  $AA: F(p + \frac{1}{4}(1 - p - q)); Aa: \frac{1}{2}F(1 - p - q); aa: F(q + \frac{1}{4}(1 - p - q)).$

116 Because we are assuming random mating we can model each outbreeding  
117 event as being the result of the combination of sperm and eggs from randomly drawn  
118 individuals, with the probability of drawing a given genotype in a given sex role being  
119 proportional to the frequency of that genotype, and to its fitness in that sex role.

120 Fitness differs across genotypes and across each sex role, as summarised in Table 1.  
 121 The  $A$  allele is female-beneficial, male-deleterious, so that bearing an  $A$  allele makes a  
 122 hermaphroditic individual better at the female role but worse at the male role.  
 123 Conversely, the  $a$  allele is female-deleterious, male-beneficial, so that bearing an  $a$   
 124 allele makes an individual worse at the female role but better at the male role. These  
 125 deleterious and beneficial effects are summarised by the parameters  $s_f$  and  $s_m$ , which  
 126 represent the selection coefficients, and  $h_f$  and  $h_m$ , which represent the dominance  
 127 coefficients (Table 1).

128 Assuming a large population, the frequency of each genotype in the next  
 129 generation due to offspring from outbreeding events is as follows. The frequency of  
 130  $AA$  individuals is

$$131 \quad (1 - F) \frac{\left( p + \frac{1}{2}(1 - p - q)(1 - h_f s_f) \right) \left( p(1 - s_m) + \frac{1}{2}(1 - p - q)(1 - h_m s_m) \right)}{\bar{w}_f \bar{w}_m}$$

132 and the frequency of  $aa$  individuals is

$$133 \quad (1 - F) \frac{\left( \frac{1}{2}(1 - p - q)(1 - h_f s_f) + q(1 - s_f) \right) \left( \frac{1}{2}(1 - p - q)(1 - h_m s_m) + q \right)}{\bar{w}_f \bar{w}_m}$$

134 where  $\bar{w}_f$  and  $\bar{w}_m$  are respectively the mean fitness in the female and male roles,

$$135 \quad \bar{w}_f = p + (1 - p - q)(1 - h_f s_f) + q(1 - s_f)$$

$$136 \quad \bar{w}_m = p(1 - s_m) + (1 - p - q)(1 - h_m s_m) + q$$

137 The frequency of  $Aa$  individuals is the balancing expression so that these three  
 138 frequencies add to  $(1 - F)$ .

139 Putting together both self-fertilisation and outbreeding events, we can derive  
 140 expressions for the change in frequency of genotypes  $AA$  and  $aa$  from one generation  
 141 to the next, denoted  $\Delta p$  and  $\Delta q$  respectively, as

$$\begin{aligned}
142 \quad \Delta p &= F \left( p + \frac{1}{4}(1 - p - q) \right) \\
143 \quad &+ (1 - F) \frac{\left( p + \frac{1}{2}(1 - p - q)(1 - h_f s_f) \right) \left( p(1 - s_m) + \frac{1}{2}(1 - p - q)(1 - h_m s_m) \right)}{\bar{w}_f \bar{w}_m} - p \\
144 \quad \Delta q &= F \left( \frac{1}{4}(1 - p - q) + q \right) \\
145 \quad &+ (1 - F) \frac{\left( \frac{1}{2}(1 - p - q)(1 - h_f s_f) + q(1 - s_f) \right) \left( \frac{1}{2}(1 - p - q)(1 - h_m s_m) + q \right)}{\bar{w}_f \bar{w}_m} - q \\
146 \quad & \tag{1}
\end{aligned}$$

147 Using equations (1) we can establish whether the  $A$  and  $a$  alleles are protected from  
148 extinction when rare, and consequently whether polymorphism is protected or not  
149 (Appendix), depending on the values of parameters  $F$ ,  $s_f$ ,  $s_m$ ,  $h_f$ , and  $h_m$ . When  $F = 0$ ,  
150 we recover the classic results for this model (Fry, 2009; Kidwell *et al.*, 1977).  
151 Therefore in our analysis here we focus on the effect of  $F$  on the region admitting  
152 polymorphism.

153

## 154 Results

155 We can use (1) to calculate expressions  $a^*$  and  $A^*$  corresponding to protection when  
156 rare of  $a$  and  $A$ , respectively. The female-deleterious, male-beneficial allele  $a$  is  
157 protected from extinction when rare if

$$158 \quad s_m > a^* = \frac{(F + 2h_f(1 - F))s_f}{2 - F(1 - s_f) + 2(1 - F)(h_f s_f - h_m)}$$

159 while the female-beneficial, male-deleterious allele  $A$  is protected from extinction  
160 when rare if

$$161 \quad s_m < A^* = \frac{(F + 2(1 - h_f)(1 - F))s_f}{(2h_m + F(1 - 2h_m))(1 - s_f)}$$

162 Then, for a given value of  $s_f$ , we know that the region of values of  $s_m$  admitting  
 163 polymorphism will be where  $a^* < s_m < A^*$ . Thus the size of this region, which we  
 164 denote by  $R$ , is equal to  $R = A^* - a^*$ . We want to know how changing  $F$  changes the  
 165 value of  $R$ : if  $\partial R / \partial F > 0$  then increasing  $F$  increases the region of parameter space that  
 166 leads to polymorphism (and if  $\partial R / \partial F < 0$  then increasing  $F$  decreases the region of  
 167 parameter space that leads to polymorphism). We want to know the effect of  $F$  on  
 168 these thresholds. Thus, we calculate

$$169 \quad \frac{\partial a^*}{\partial F} = \frac{2(1 - h_f - h_m)s_f}{(2 - F(1 - s_f) + 2(1 - F)(h_f s_f - h_m))^2}$$

$$170 \quad \frac{\partial A^*}{\partial F} = \frac{2(h_f + h_m - 1)s_f}{(2h_m + F(1 - 2h_m))^2(1 - s_f)}$$

171 and since  $\partial R / \partial F = \partial A^* / \partial F - \partial a^* / \partial F$ ,

$$172 \quad \frac{\partial R}{\partial F} = (h_f + h_m - 1) \left( \frac{2s_f}{(2h_m + F(1 - 2h_m))^2(1 - s_f)} \right.$$

$$173 \quad \left. + \frac{2s_f}{(2 - F(1 - s_f) + 2(1 - F)(h_f s_f - h_m))^2} \right)$$

174 Since the quotients in the right-hand brackets must both be positive (as in both cases  
 175 the numerator and the denominator are positive), it follows that the sign of  $\partial R / \partial F$  is  
 176 the same as the sign of  $h_f + h_m - 1$ : increasing  $F$  increases the region of parameter  
 177 space for polymorphism if  $h_f + h_m > 1$ , and reduces it (as well as reducing the region  
 178 of unstable equilibrium) if  $h_f + h_m < 1$  (Figure 1).

179 Interestingly, this result relates to two previous findings. Kidwell *et al.* (1977)  
 180 showed that  $h_f + h_m = 1$  represents a dividing point between models with a single  
 181 stable polymorphic equilibrium ( $h_f + h_m < 1$ ) and those with multiple equilibria ( $h_f +$   
 182  $h_m > 1$ ). Fry (2009) showed that in the absence of inbreeding, the higher the value of  
 183  $h_f + h_m$ , the smaller the region of parameter space admitting polymorphism. For any



184 fixed value of  $F$  this remains the case in our model. However, this dominance effect is  
185 weakened by inbreeding, because inbreeding results in fewer heterozygotes, and  
186 consequently the effect of  $h_f$  and  $h_m$  is weakened (Figure 1). The results when  $F = 1$   
187 are identical to the case when  $h_f = h_m = 0.5$ .

188 For weak selection (e.g. parameter values  $0 < s_f, s_m < 0.1$ ) there is very little  
189 scope for polymorphism when  $h_f + h_m > 1$  (Figure 1, see also Fry (2009)) regardless of  
190 the value of  $F$ . However, when  $h_f + h_m < 1$ , the range of parameter values for which  
191 there can be a sexually antagonistic polymorphism due to weakly selected alleles is  
192 severely curtailed by self-fertilisation (Figure 2).

193 In sum, although previous results suggest that the more an allele that is  
194 deleterious to one sex is dominant in that sex, the smaller the region of parameter  
195 space that will admit polymorphism (Fry, 2009), this effect is weakened by self-  
196 fertilisation (Figure 1). In partially selfing hermaphrodites we would therefore expect  
197 a greater number of dominant sexually antagonistic alleles remaining at  
198 polymorphism (and fewer recessive alleles) than if there were no selfing, at least for  
199 strongly selected loci. However, the effect of inbreeding is not strong enough to  
200 completely cancel out the effect of dominance; for a given frequency of inbreeding, it  
201 will still be the case that the more dominant the alleles are in their deleterious context,  
202 the smaller the region of parameter space in which they can exist at polymorphism  
203 (Figure 2).

204

## 205 Discussion

206 In hermaphrodites, the ability to self-fertilise will affect the maintenance or otherwise  
207 of sexually antagonistic polymorphisms. We expected *a priori* that selfing should  
208 reduce the region of polymorphism, since inbreeding reduces the frequency of

209 heterozygotes and speeds fixation (Hayman, 1953; Hayman & Mather, 1953).  
210 Although this expectation was supported, our results show that there is an interactive  
211 effect between the degree of selfing and dominance. This is perhaps unsurprising,  
212 because both the degree of overdominance and the rate of inbreeding are known to  
213 affect the region of polymorphism (with overdominance increasing and inbreeding  
214 decreasing the size of the region; Hayman, 1953; Hayman & Mather, 1953; Kimura  
215 and Ohta, 1971). By allowing sex-specific dominance effects, this results in net  
216 overdominance for fitness (Fry, 2009), causing the observed interactive effect  
217 between selfing and dominance. In particular, for weakly selected sexually  
218 antagonistic alleles which are on average partially recessive in their deleterious state,  
219 the range of parameter space allowing for a polymorphic equilibrium is strongly  
220 restricted in the case where there is inbreeding (Figure 2); if the alleles are on average  
221 partially dominant in their deleterious state, the region of unstable equilibrium is  
222 decreased for weakly selected loci, and the parameter space allowing for  
223 polymorphism for strongly selected loci is increased by inbreeding, but remains small.  
224 Although the outcome will depend on the distribution of dominance coefficients and  
225 fitness effects, we might expect that the more self-fertilisation occurs in a  
226 hermaphroditic species, the fewer sexually antagonistic polymorphisms will exist  
227 overall (assuming that most sexually antagonistic selection is weak).

228           It is of course well-established that selfing can lead to inbreeding  
229 depression, but that in habitually selfing organisms the benefits of selfing should  
230 outweigh the costs of inbreeding depression (Goodwillie *et al.*, 2005), leading us to  
231 make the two key assumptions listed in the Model section above. We assumed that  
232 genotype does not influence the rate of selfing, but this might not be the case if, for  
233 example, allocation to sperm versus eggs influences the decision to self or outcross.

234 For example, an individual investing heavily in sperm will have limited fecundity  
235 during selfing, but may have high production of offspring during outcrossing, leading  
236 to a higher rate of outcrossing in individuals with male-benefit/female-detriment  
237 alleles. We also assumed that selfed gametes will not experience selection. This  
238 assumption is realistic if most of the selection during outcrossing is due to extrinsic  
239 factors, such as sexual conflicts with the mating partner (Anthes & Michiels, 2007;  
240 Koene, 2006; Koene *et al.*, 2005) or energetic or predation costs of finding a mate  
241 (Jennions & Petrie, 1997). It becomes less realistic if the sexually antagonistic alleles  
242 cause intrinsic fitness differences (e.g. poor survival of gametes). Sperm (or pollen)  
243 limitation is unlikely to be a major limiting factor in fecundity when selfing (but see  
244 Hodgkin & Barnes, 1991), but it is not unlikely that mutations affecting egg  
245 quality/survival would have an effect even on the production of selfed offspring. If  
246 sperm are accompanied by toxic seminal fluid used in sperm competition when  
247 outcrossing, then this could also contribute to lower egg survival, even when selfing  
248 (Koene *et al.*, 2010; Schärer *et al.*, 2014). Indeed, a recent model by Jordan &  
249 Connallon (Jordan & Connallon, 2014) which takes asymmetric selection effects  
250 across sex functions into account and assumes that selfed gametes experience  
251 selection via inbreeding depression, found that selfing expands the region of  
252 parameter space which is favourable to female-beneficial alleles but restricts it for  
253 male-beneficial alleles. Collectively, their results and those presented here suggest  
254 that the ultimate effect of inbreeding on the maintenance of polymorphism is to some  
255 extent dependent on the assumptions about selection and genetic transmission to  
256 selfed versus outcrossed offspring.

257         It is also worth noting that our model, although originally constructed with  
258 hermaphrodites in mind, is equally applicable to separate-sexed organisms with

259 respect to inbreeding instead of selfing (Appendix). This generates some interesting  
260 avenues for future exploration, especially for populations with high levels of  
261 inbreeding, such as island populations (e.g. Grant *et al.*, 2003), or populations with  
262 low dispersal levels due to habitat fragmentation (e.g. Andersen *et al.*, 2004).

263         A recent model suggests that sexual antagonism and demography can interact  
264 to cause extinction of populations located in patches that are beneficial to male fitness  
265 and detrimental to female fitness (Harts *et al.*, 2014). This is because populations  
266 collapse if there are too few reproducing females. However populations which are  
267 declining in numbers should also become more inbred, as a result of the decreasing  
268 effective population size. If inbreeding facilitates purging of sexually antagonistic  
269 alleles, it would be interesting to see how this may influence outcomes in the model  
270 above.

271         The effect of inbreeding on the genomic location of polymorphic sexually  
272 antagonistic alleles is also an interesting issue. In a seminal paper, Rice (1984) argued  
273 that the X-chromosome should harbour increased levels of sexually antagonistic  
274 genetic variation because male-benefit loci that are recessive in females will be  
275 expressed in hemizygous males, but largely escape counter-selection in females at low  
276 to intermediate frequencies. Conversely, dominant female-benefit loci will also be  
277 more common on the X than on the autosomes, despite their deleterious effect in  
278 males, because the X spends more time in females than the autosomes ( $2/3$  versus  $1/2$ )  
279 and therefore experiences stronger total female-specific selection. However Fry's  
280 (2009) results suggest that when there is overdominance for fitness, then  
281 polymorphism of autosomal sexually antagonistic loci becomes possible over a wider  
282 region of parameter space. It is therefore currently unclear whether sex chromosomes  
283 are inevitably hotspots for sexual antagonism. Inbreeding could also play a role,

284 because any X- or Z-linked locus that is not completely recessive in the homogametic  
285 sex will be partially dominant overall (i.e.  $h_f + h_m > 1$  will always hold true when  
286  $h_{homogametic} > 0$  because  $h_{heterogametic} = 1$ ), and therefore subject to an increased range of  
287 polymorphism with increasing inbreeding level, according to the results in our model.

288 In sum, we show that although inbreeding reduces the region of parameter  
289 space permitting polymorphism overall, it can offset some of the effects of dominance  
290 demonstrated by Fry (2009). This means that although hermaphrodites with high  
291 levels of inbreeding are perhaps unlikely to harbour significant sexually antagonistic  
292 genetic variation, those segregating sexually antagonistic loci that do exist may be  
293 more likely to be partially dominant.

294

295

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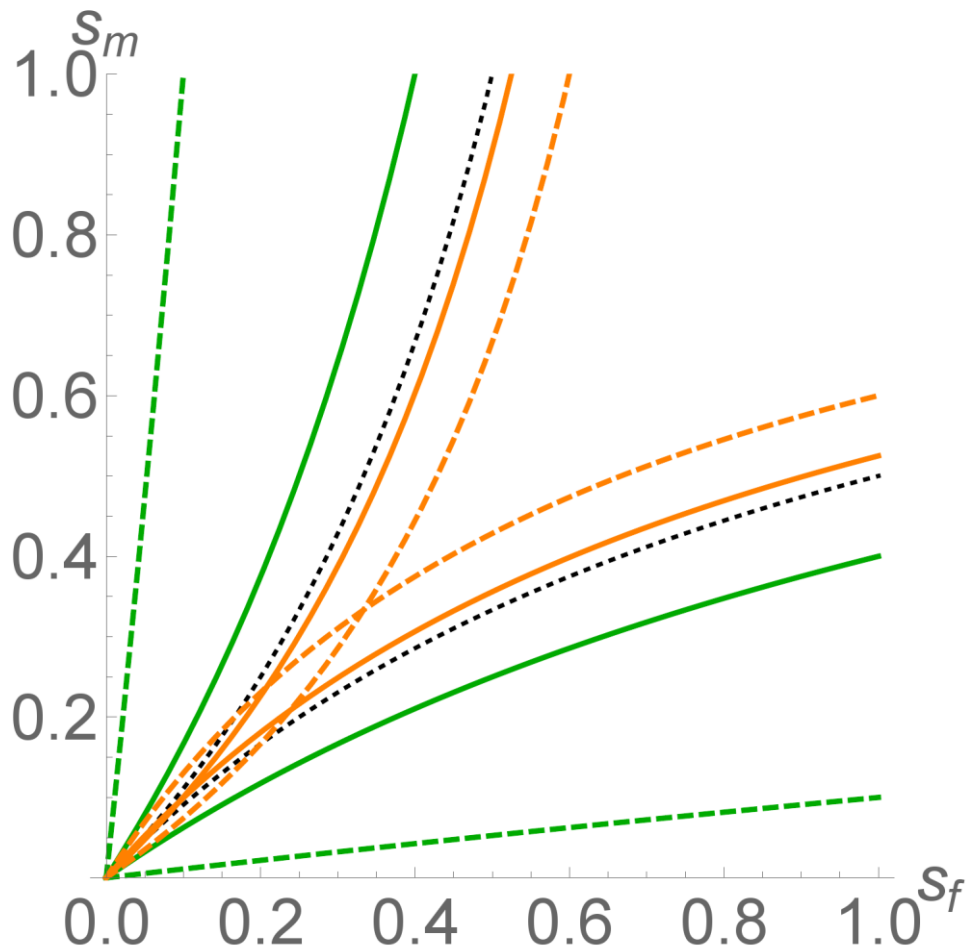
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378

379 **Figure 1**

380 The effect of inbreeding and dominance on the maintenance of sexually antagonistic  
 381 polymorphisms in hermaphrodites. The area between two matching curves is where  
 382 polymorphism is admitted. The green curves correspond to the case where  $h_f = h_m =$   
 383 0.1, so that the allele that is deleterious in each sex is partially recessive in that sex.

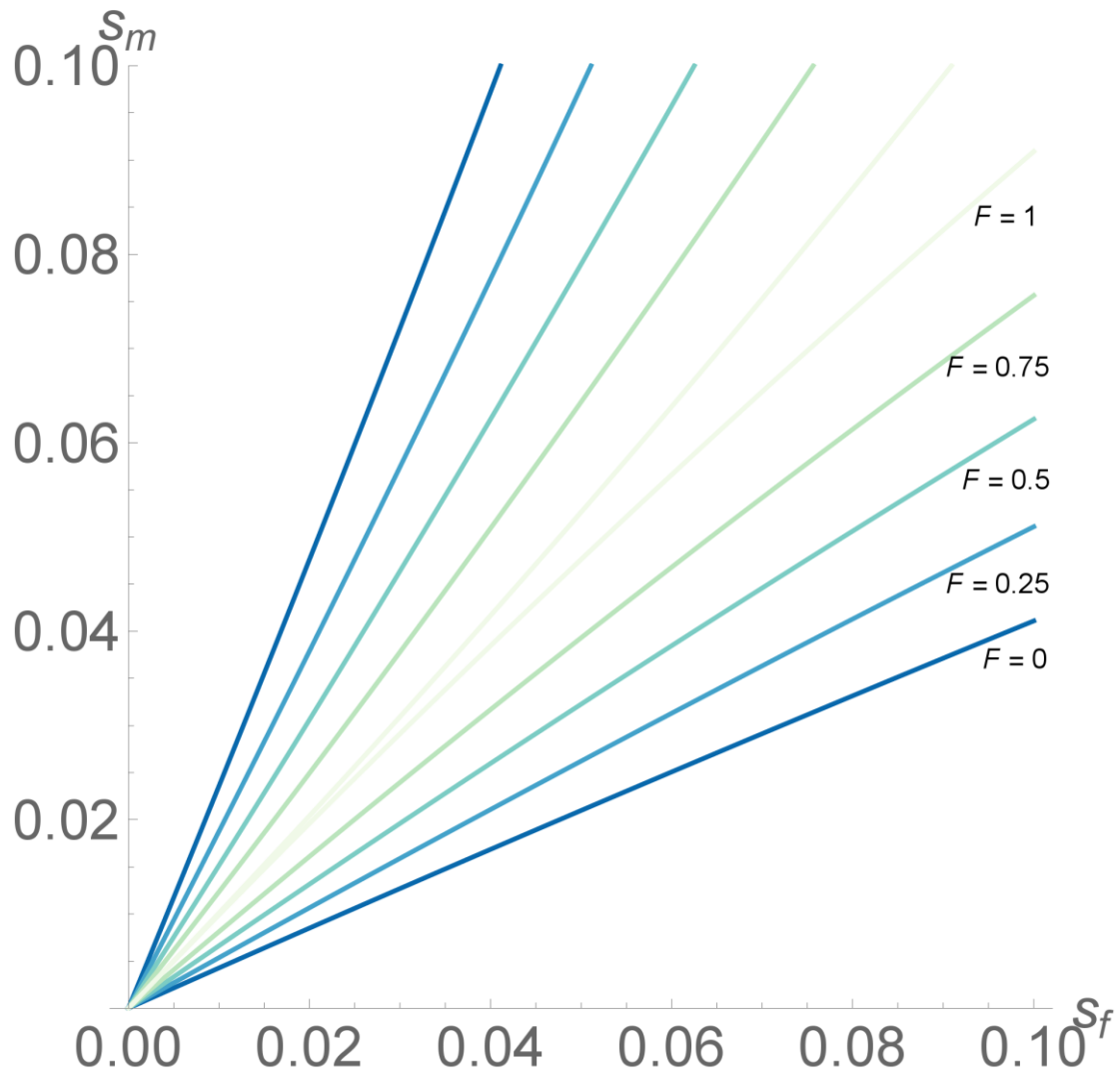
384 The orange curves correspond to the case where  $h_f = h_m = 0.6$ , so that the allele that is  
 385 deleterious in each sex is partially dominant in each sex. The dashed curves represent  
 386 where  $F = 0$ , the situation where there is no inbreeding. The solid curves represent the  
 387 case where  $F = 0.75$ , so that three quarters of matings are self-fertilisation. For the  
 388 green curves, this results in a smaller area of polymorphism, while for the orange  
 389 curves, it results in a larger area of polymorphism. The black dotted line is the



390 asymptotic limit  $F = 1$ . It exactly corresponds to the case in which  $F = 0$  and  $h_f = h_m =$

391 0.5.

392



393

394 **Figure 2**

395 The effect of inbreeding on the maintenance of weakly sexually antagonistic  
 396 polymorphisms. The region between any two matching-coloured lines admits a stable  
 397 sexually antagonistic polymorphism. The pairs of matching lines correspond to the  
 398 cases where  $F = 0, 0.25, 0.5, 0.75,$  and  $1,$  respectively, as marked. Here  $h_f = h_m = 0.3;$   
 399 as inbreeding increases, the region admitting polymorphism decreases in size, to the  
 400 limiting case where  $F = 1.$  For values of  $h_f + h_m > 1,$  the region admitting  
 401 polymorphism is contained within the region for  $F = 1,$  and consequently for these  
 402 dominance parameters there is very little scope for polymorphism under weak  
 403 selection.

404 Tables

Genotype	Fitness in female role	Fitness in male role
<i>AA</i>	1	$1 - s_m$
<i>Aa</i>	$1 - h_f s_f$	$1 - h_m s_m$
<i>aa</i>	$1 - s_f$	1

405 **Table 1:** Fitness in different sex roles when outbreeding

406

407 Appendix

408 *Stability of equilibria*

409 Using equations (1) we can define the function  $g[p, q] = (\Delta p, \Delta q)$ , defined for all  
410 possible values of  $p$  and  $q$  (i.e. on the standard 2-simplex). We know that  $g[1, 0] = (0,$   
411  $0)$  (corresponding to fixation of the  $A$  allele), and  $g[0, 1] = (0, 0)$  (corresponding to  
412 fixation of the  $a$  allele). To determine whether either of these two equilibria are stable  
413 we consider the Jacobian matrix  $\mathbf{J}$  of the function  $g$ ,

414 
$$\mathbf{J} = \begin{pmatrix} \frac{\partial \Delta p}{\partial p} & \frac{\partial \Delta p}{\partial q} \\ \frac{\partial \Delta q}{\partial p} & \frac{\partial \Delta q}{\partial q} \end{pmatrix}$$

415 For each fixed point, we evaluate  $\mathbf{J}$  and calculate its eigenvalues. If they are all  
416 negative for a given equilibrium point, that point is stable (thus if any of the  
417 eigenvalues are positive, the equilibrium point is unstable). If the equilibrium point at  
418  $(1, 0)$  is unstable, then  $a$  is protected from extinction when rare (corresponding to the  
419 condition  $s_m > a^*$  given in the main text). If the equilibrium point at  $(0, 1)$  is unstable,  
420 then  $A$  is protected from extinction from rare (corresponding to the condition  $s_m < A^*$   
421 given in the main text). If both alleles are protected from extinction when they are  
422 rare, then we have a protected polymorphism.

423

424 *Applicability of model to separate-sexed species*

425 Although the model was constructed to consider hermaphrodites, it can also apply to  
426 separate-sexed species. Because separate-sexed species cannot self-fertilise, the  
427 definition of  $F$  as the proportion of self-fertilising events cannot be maintained.  
428 Instead,  $F$  is taken to be a measure of the additional probability with which an  
429 individual will mate with a partner sharing the same genotype at the  $A/a$  locus of

430 interest (Appendix Table 1). Thus  $F$  can be seen as a measure of the level of  
 431 inbreeding that is occurring in the population.

432

Focal genotype	Mating partner's genotype	Probability of that partner genotype under random mating	Probability of that partner genotype with "self-fertilisation frequency" $F$
$AA$	$AA$	$p$	$p + F(1 - p)$
	$Aa$	$1 - p - q$	$(1 - F)(1 - p - q)$
	$aa$	$q$	$(1 - F)q$
$Aa$	$AA$	$p$	$(1 - F)p$
	$Aa$	$1 - p - q$	$1 - p - q + F(p + q)$
	$aa$	$q$	$(1 - F)q$
$aa$	$AA$	$p$	$(1 - F)p$
	$Aa$	$1 - p - q$	$(1 - F)(1 - p - q)$
	$aa$	$q$	$q + F(1 - q)$

433 **Appendix Table 1:** Application of  $F$  to separate-sexed species

434